Year 10 Learning Plan – Cambridge High School 2021



The classes listed below are detailed in a student's timetable. You can access this through the KAMAR <u>Parent Portal</u> on the school website. You can see the core class your child is in under their name (in this case 10Y) and the options subjects they are taking in the timetable.



Contents

10L	3
10M	6
10N (Junior +)	
10P	
10Q	
10R	
10S	
10T	21
10U	23

LOV	26
LOW	29
LOX	
LOY	
107	
LO Literacy	
/ear 10 Options	42

10L

Subject	Online lesson expectations	Duration of work set	Details of work	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	Teams meeting Mon, Period 1 and Weds, Period 4	Mon, Period 2 Tues, Period 3 Weds, Period 4 Thurs, Period 5	Film Study and TEST Mon– Theme notes – how key speeches, dialogue, and Te Ao Maori values helps us understand the themes. How to deepen our essay answers. Tues – review notes. Mr Manins is unavailable this lesson but will post some screen shots in Teams to help you. WEDS – COMPULSORY TEAMS MEETING. TEST HANDED OUT. We will over what your test will look like. It will be an essay with 2- 3 Lawyer or Hammer paragraphs, intro and conclusion. Open book. Due by Midnight Friday Thurs – planning and writing your test	Film Essay Test completed and uploaded by end of Friday	MS – Gareth Manins	Students: Teams chat Parents: Email (ms@camhigh.sch ool.nz)
Maths	15 min online Teams meeting at the start of each lesson (Tues, Wed, Thu)	Max 3 hours (3 lessons)	 Tuesday (P1) Online Teams meeting at 8:40am. Link on Teams Calendar. Education Perfect: Expanding Double Brackets Wednesday (P2) Online Teams meeting at 9:40am. Link on Teams Calendar. Expanding (continued). Thursday (P3) 	Monitored each lesson. Work due Friday 3 rd September.	JKH – Jackie Knobloch	Students: Teams chat Parents: Email (jkh@camhigh.sch ool.nz)

PE	First lesson of the week for 15 to 30 minutes	1 lesson plus exercise activities.	 Online Teams meeting at 11:30am. Link on Teams Calendar. Education Perfect: Factorising Quadratics For Health and PE, there is a weekly planner on your teams page for you to follow should you choose. 		RBT – Robert Boot	Teams Chat
Science	First lesson of the week 15 minutes online (Monday 12:30pm)	4 lessons for Week 6 (3 hours of work)	Monday (P4): Lesson 1: 15 minutes Teams meeting @ 12:30 pm. Link will be sent on TEAMS Catch up on work from last week. Introduction to Acids and Bases. Tuesday (P5): Complete Education Perfect task - Introduction to Acids and Bases. Thursday (P1): Work on section 3 (What are acids?) and 3.1 (What are bases?) accessible in the Material world section of One Note. • Students can have a go at the e-learning links that are at the bottom of the acids and bases pages on One Note. Friday (P4): Complete the worksheet on Acids and Bases accessible in the Material World section of One Note. All resources and links can be accessed on TEAMS and One Note.	Education Perfect due by Thursday, 2 nd Sep.	FLC - Florence Chatelier	Teams chat or email for students Email for parents Flc@camhigh.sch ool.nz
Social Science	Wednesday period 3 (11.30) For 15-20 mins.	2 hours in total for the week. This is inclusive of the online Teams meeting we have on Wednesday.	The Middle Ages - 15 minute meeting in the middle of the week on TEAMS (this will be to check on progress) – link will be in students TEAM calendar. Medieval Intro Life PPT 1. Brainstorm everything you know about the Middle Ages. 2. Copy the pyramid diagram on slide 3 of the PPT.		DS – Ms Douglas	Teams chat or email.

	3. Create a star diagram of simple notes from each of the		
	slides.		
	Wordsearches – there are two in the document. Make sure you download the doc from TEAMS before you answer it otherwise you ruin it for everyone else.		
	I will post the quiz again as well.		
	I will upload a Medieval Life Intro Powerpoint to TEAMS files as well as the wordsearches.		

10M

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	Monday, Period 1 ONLINE MEETING Tues, Period 3 ONLINE MEETING	Film Study and TEST Mon– review notes and practice paragraphs. Tues– COMPULSORY TEAMS MEETING. TEST HANDED OUT. We will over what your test will look like. It will be an essay with 2-3 Lawyer or Hammer paragraphs, intro and conclusion. Open book. Due by Midnight Friday Thurs – planning and writing your test Friday Completing your essays and submitting.	Film Essay Test completed and uploaded by end of Friday	MS – Gareth Manins	Students: Teams chat Parents: Email (ms@camhigh.sc hool.nz)
Maths	Maximum 4 hours (4 lessons)	 Monday (P2) No Teams meeting. Geometry, Pythagoras and Trigonometry practice tests. Geometry revision document. Tuesday (P5) Online Teams meeting at 2:15pm. Link on Teams Calendar. Education Perfect: Expanding Double Brackets. Thursday (P1) Online Teams meeting at 8:50am. Link on Teams Calendar. Expanding continued. 	Monitored each lesson. Work due Friday 3 rd September.	JKH – Jackie Knobloch	Students: Teams chat Parents: Email (jkh@camhigh.sc hool.nz)
		Friday (P2)			

PE	1 lesson plus exercise	 Online Teams meeting at 9:40am. Link on Teams Calendar. Education Perfect: Factorising Quadratics For Health and PE, there is a weekly planner on your teams page for you to follow should you choose. 		Mmn – Matt McCahon	Teams Chat
Science	activities. 1 ½ hours	Working on Material World. Work on the Acids and Bases tasks on Education perfect. Tasks set daily from the workbook in Onenote/class notebook. There are some notes and examples in the content library of the Class notebook that will help.		Mr Weston we@camhigh.school.n Z	email
Social Science	Teams meeting at Tuesday 11.30am for 15 minutes, Plus a maximum of two hours of work	 Work through the Renaissance power point that has been posted on Teams Watch the video on the Renaissance Write down all the notes in BOLD Complete the questions from the scavenger hunt worksheet Then start on the WWI power point Write the notes in bold on slide 3 Write the 4 headings – Nationalism, Alliances, Militarism, Assassination, and copy the relevant notes in bold under each heading (slides 4-9) Read slides 10-15 and either write bullet points, or draw pictures, to show how each country became involved in WWI Finally, look at the cartoon and answer the questions to show what you have learned 	Work to be completed in Social Studies book or saved and printed so it can be glued into book when we return to school. Miss Smith will check all work when we are back.	ASH – Ashleigh Smith	Students to contact via Teams Chat Parents can email ash@camhigh.sch ool.nz with any questions also

10N (Junior +)

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	3 hours	Film Study and TEST Mon- COMPULSORY TEAMS MEETING P2 to clarify/ outline information on planning and writing your test TEST HANDED OUT. We will go over what your test will look like. It will be an essay with 2- 3 Lawyer paragraphs, intro and conclusion. Open book . Friday Complete your essay and submit.	End of week 6	Damon Ingoe DNE	Teams chat for students
Maths	3 classes – Week 6	Monday P1 – Online TEAMS class 8:45 *Project Check-in – poster reminder *Practice Tests in Education Perfect Wednesday P3 – Online TEAMS class 11:30 *Trigonometry and Pythagoras Review *Remedial tasks set by EP after completion of both tests Friday P4 – Online TEAMS class 12:30 *Start new topic	Poster – 22 nd September Maths due – Friday 3 rd Sep	Hayley Harris (HH)	Teams Chat or Email
PE	1 lesson plus exercise activities.	For Health and PE, there is a weekly planner on your teams page for you to follow should you choose.		Sp – Stephanie Vervoort	Teams Chat
Science (Junior+)	Max 3hrs for the week Year 10 Science TEXTBOOK here	ing at the beginning of the th Page 8. Compound tutorial video "lonic plete Prior knowledge lumn underneath.	I will check pages during the week	gz@camhigh.school.nz Sarah Gaze	Students: TEAMS chat or posts Parents: Email

		P2 – Wednesday. Still on Page 8. Compound formula.			
		This time working on right hand column – watch the			
		video again if you need. Do these activities step by step –			
		keep referring back to ion table. Don't forget to read			
		through Science textbook (see link beside) to help.			
		P3 – Thursday Page 11. Word equations. Another Tutorial			
		video to start with, fill in notes then follow up questions			
		underneath. Some may wish to follow up with EdPerfect.			
		If you make the pancakes in the activities – make sure			
		you take a picture of them and post in TEAMS for us to			
		see your talents			
		Reactants → Products			
		For example: making pancakes is a chemical change. The reactants (ingredients you start with) are flour, milk, egg and sugar. The product is pancakes.			
		P4 – Friday. Project lesson! Continue working on Term 3			
		project presentation – information for this has been posted in TEAMS.			
Social Science	Three hours	Complete the assignment posted on Teams. Continuing	I will be available, just	LM	Teams Chat
		with Europe Unit (as scheduled).	query on Teams Chat		

10P

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English (Shared between two teachers)	2 hours	Wednesday (P3) Compulsory teams meeting to go over what your test will look like. It will be an essay with 2 PEEL paragraphs, intro and conclusion. Open book. Friday (P4) Completing your essays and submitting.	Essays due by Friday 11:59pm (Though you can submit early if you are finished). Remember to click turn in when you are finished.	Jordan Maclaurin JMN	Students: Teams Chat Parents Email: Jmn@camhigh.school.nz
Maths	3 hours	15minute teams meeting at 9.40am on Monday. Check Teams calendar • Practice test on Trigonometry. Write the answers in your Maths book. Answer schedule provided to mark. • Read notes shared in Teams on Expanding Single Brackets. Students answer questions under each example in their Maths book. Do the Education Perfect task on Expanding Single Brackets • Read notes on in Teams on Quadratic Equations. Do education perfect task on Expanding Double Brackets	Monday meeting @ 9.40am for 15 minutes – check Teams calendar	P Ram	Teams Chat
PE	1 lesson plus exercise activities.	For Health and PE, there is a weekly planner on your teams page for you to follow should you choose.		Sjn – Sally Jackson	Teams Chat
Science	2-3 hours	 Monday 15 minute teams meeting at 9am Complete outstanding Education Perfect tasks (homework from last week) 	Monday class meeting online 9am– microphones on mute to start.	Brooke Dillon (BDN)	Teams channel (whole class) or Teams chat Email from parent

		 Read Onenote pages 3, 3.1 and 3.2. Complete small table at bottom of 3.2. These are the 'notes' for this section. Education Perfect task – 10-15 mins "Acids and Bases' Thursday Onenote page 3.8 'Acids and Bases Worksheet' Friday Onenote page 3.9 'Indicators and the pH Scale' 	Monitored daily.		bdn@camhigh.school.n <u>z</u>
Social Science	2 – 3 hours Meeting is 8.40am TUES	FIRSTLY – Make sure you have done last week's work (Gallipoli PPT). Please go to the word document "10P Lessons (30 Aug – 3 Sep) posted on our TEAMS page		Amanda Baker ABR	TEAMS (students) or email (parents) Abr@camhigh.school.n Z

10Q

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	4 Hours	Monday Period 2 Practicing planning and writing PEEL paragraph. Uploaded as a Teams assignment. (No Teams Meeting) Tuesday (P3) Compulsory teams meeting to go over what your test will look like. It will be an essay with 2 PEEL paragraphs, intro and conclusion. Open book. Wednesday and Thursday Completing your essays and submitting.	Essays due by Thursday 11:59pm (Though you can submit early if you are finished). Remember to click turn in when you are finished.	Jordan Maclaurin JMN	Students: Teams Chat Parents: Email Jmn@camhigh.school.nz
Maths	Every lesson of the week for 45mins	 45 mins of work will be set. We are working on Pythagoras and Trigonometry. Here are the details: Outline of unit EP (to complete any remaining work set from last week). Revision and preparation for upcoming Topic Test – see One Note Questions and answers supplied for selfmarking. Past Exams (Web view) Past Exams (Web view) Completing double brackets – with and without coefficients (completing task from last week) Factorising Quadratics with coefficient less than 1 Factorising Quadratics with a common factor 	Ongoingtill Fri 3rd	Checked daily	Shaheed Basha Bs

PE	1 lesson plus exercise activities.	For Health and PE, there is a weekly planner on your teams page for you to follow should you choose.		Sjn – Sally Jackson	Teams Chat
Science	2 hours	 Monday 15 minute teams meeting link will be available in teams Complete outstanding Education Perfect tasks from last week Complete Acids, Bases, and the pH Scale (Worksheet) in the teams folder Tuesday (P3) E-learning link about pH scale and indicators:	Ongoing	Hadley Kendall (HKL)	Teams chat
Social Science	30 mins work per timetabled lesson Mrs Cains looks forward to seeing you on Monday at 840	Gallipoli but from the Turkish Perspective Look through the slide show and note down some key things that the Turkish did to protect their homeland when they were invaded. Your other task is to complete a timeline that looks at the Battle of Gallipoli and how long it went for. I would suggest you use a page in your book or paper in landscape form. Complete the weekly quiz, the instructions for this cand be found in the word document in your File, Europe section of TEAMS.	I will be available at the start of each timetabled lesson to ask questions on the day's tasks should you have any.	Mrs Cains & Mrs Baker	TEAMS and TEAMS Chat

10R

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	4 days of class Week 6	Monday: Participate in discussion on Themes in The Whale Rider by posting on Teams. This is for the test. Wednesday: Update your notes with more practice on the Lawyer paragraph. This is for the test. Thursday: Introductions and conclusions. How do they work, again? Put it in your notes for the test. Friday: Video Teams call at 11am, Friday, 3 September. Test will be explained and handed out. Test is due Tuesday, 7 September by 11:59pm.	Tuesday, 7 September	Anna Armitage – AAE	Parents only – email Students only – Teams Chat
Maths	3 Periods	Teams Meeting 12:30 Monday to outline week. We will be revising the topic in preparation for a summative test to be completed online. Revision and Test will be available on Education Perfect.		GS Glen Stichbury	Teams chat
PE	1 lesson plus exercise activities.	For Health and PE, there is a weekly planner on your teams page for you to follow should you choose.		Jn – Jordan Newlands	Teams
Science	2 Hours	 Class meet first period of Science - Tuesday 8.40am (15 mins to check in). Following the E-learning link below to explore more about the pH scale and indicators: https://phet.colorado.edu/en/simulation/ph-scale-basics	Friday 3 rd September.	Michael Cole MCE	TEAM chat for students Email for parents who may wish to make contact

		 Onenote page 3.8 'Acids and Bases Worksheet' Onenote page 3.9 'Indicators and the pH Scale' 			
Social Science	2-3 hours per week. This is inclusive of an online TEAMS meeting at 9.40am on Monday 30th	All work / instructions will be posted on TEAMS. Files are found in class materials. It is expected that students keep a digital file with their work saved. Alternatively, students can work on pen and paper. • The spark that started WWI – The assassination of Franz Ferdinand. Videos and timeline • Gallipoli map – landings • Gallipoli powerpoint and summary paragraph • Gallipoli crossword Extension: There are many online documentaries available for students to further their understanding.	Friday 3rd	Mary Ball – WL Wl@camhigh.school.n Z	For asking questions - Teams "Chat" Or email

10S

Subject	Online Lesson expectati ons	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	Mon 30 th Sept 1:00pm Thurs 2 nd Sept 12:00pm Fri 3 rd Sept 1:00pm	40 minutes of work per lesson (3 lessons)	Our meetings will be held on TEAMS – link will be in students TEAM calendar. Students will complete three worksheets this week. These will be explained in our 15-minute meeting on Monday. These worksheets can be found on TEAMS. Each worksheet will be on our novel study The Wave and will take approximately 40 minutes to complete. Students are working towards their literature test (essay) which will be explained and made available to them on Friday for them to complete.	Each worksheet will be due at 5pm the day it was set. This will be submitted on TEAMS.	Ashley Hepburn AHN	TEAMS chat for students Email for parents
Maths	4 Periods		Teams meeting 8:40 Tuesday to outline week. We will be revising the topic in preparation for a summative test to be completed online. Revision and Test will be available on Education Perfect. Teams meeting scheduled later in the week to begin new topic.		GS Glen Stichbury	Teams chat

	15-30 minutes First lesson of the week	1 lesson plus exercise activities.	For Health and PE, there is a weekly planner on your teams page for you to follow should you choose.		Dv – Chresten Davis	Teams Chat
Science Week 6	20 min Online Meeting 9am Monday	2-3 Hours for the week	Must do's -Attend your class meeting (20mins max) we will be setting up an experiment and I will post updates on TEAMS throughout the week. -Complete the assignment in TEAMS to demonstrate progress against the learning outcomes The learning outcomes for this week are: I can describe the properties of acids I can describe the properties of bases I can classify common household substances as acids or bases I can use the pH scale to classify substances from strong acids through to strong bases The task options to support this learning: > Watch the video Acids and Bases easy intro video > Workbook Sections 3, 3.1 and 3.2 - Available in OneNote	TEAMS assignment to be submitted by 3pm Friday	Karen Hughes - KS	Teams Chat – students Email - parents

			> Watch the video What are Acids & Bases? > Education Perfect task "Introduction to acids and bases" > Check in on the photos of the "Eggs in Trouble" experiment posted in TEAMS each day			
Social Science	First scheduled lesson of the week	Three hours	Complete the assignment posted on Teams. Continuing with Europe Unit (as scheduled).	I will be available, just query on Teams Chat	LM	Teams Chat

10T

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	3 days of Week 5	Our meetings will be held on TEAMS – link will be in students TEAM calendar. Tuesday: Participate in discussion on Themes for Written Tex Cuz, update student notes in TEAMS in preparation for our Y10 test. Wednesday: Video Teams call at 12.30pm, Friday, 1 September. Test will be explained and handed out Thursday: Working on Test due Tuesday, 7 September by 11:59pm.		Whaea Andrea— ARL	TEAMS Chat
Maths	Week 6	Students to complete Geometry Rules Assignment set up under Teams Assignments.		Mary Talbot Ta	Teams Chat
PE	1 lesson plus exercise activities.	For Health and PE, there is a weekly planner on your teams page for you to follow should you choose.		Ssn - Sonia Stephen	Teams chat
Science	2 Hours	 Monday (P4) 15 minute teams meeting link will be available in teams Complete outstanding Education Perfect tasks from last week Onenote page 3.8 'Acids and Bases Worksheet' 		Anel Erasmus AES	TEAM chat for students Email for parents
		Tuesday (P5)			

		 E-learning link about pH scale and indicators: https://phet.colorado.edu/en/simulation/ph-scale-basics Wednesday (P3) Onenote page 3.9 'Indicators and the pH Scale' Friday (P1) Complete the Chemical reactions crossword puzzle in teams folder 		
Social Science	30 mins per timetabled lesson I look forward to seeing you Monday 940 for our weekly catch up.	Bar Graph of the causalities that were cause as a result of battle of Gallipoli. Watch the videos of how WW1 ended and how this changed the look of Europe and name the new or preoccupied countries that were created as a result of the end of WW1.	Mrs Cains	Teams chat or email. I will make myself available for the first 10 mins of each lesson on TEAMS.

10U

Subject	Online lesson Expectations	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	Meeting on Teams for first 10-15 minutes of normal lesson time Tuesday and Wednesday. All information, instructions and expectation are on our Teams page for students.	1 week 1 day of Week 5	Students have been preparing for our Novel Study. Students' have been refreshing themselves with essay and paragraph structure. They have learnt all content knowledge. Their assessment will be on Thursday, open book. They may have up to three days to complete this. Tuesday- Students will receive feedback on their practise paragraphs and structure activity. They will apply this feedback by writing one more paragraph to have a complete practise essay. Wednesday- Students will complete a cheat sheet collating their notes for the topic they would like to do their assessment on. I will also give out all information on the test for them to start Thursday Thursday- Students will have their hour of class time to do their test. If they wish they may have until Monday to complete this. 1x Writing Specific Class – Day 10 (Fri) Mahi will be posted on TEAM 'chat' for P3 on this day	Tuesday and Wednesday Tasks will not take long and are to be completed that day. Assessment starts Thursday and may have until Monday	Miss Dennis – HDS Whaea Andrea - ARL	Teams chat for students or Email for parents
Maths	Meeting on teams – discuss any revision	3 lessons	Revise Trig and Geometry skills by attempting past year assessments on our class notebook: Have a go at one of <u>Test 1</u> (<u>Web view</u>) or <u>Test 2</u> (<u>Web view</u>) and <u>Practice Questions</u> (<u>Web view</u>) . ANSWERS to these	Education Perfect Assessment to have been completed with a mark over 70% or a	RX– Rachel Axon Rx@camhigh.school .nz	Students ask questions via teams chat

	issues 11.30am Wednesday		are at the end of the document for you to check your working.' Have a go at the "Trigonometry and Geometry assessment" on Education Perfect. If you get a score of less than 70%, have another go to try to improve.	number of attempts made by 4pm on Friday 3/9		
PE	15-30 minutes first lesson of the week	1 lesson plus exercise activities.	For Health and PE, there is a weekly planner on your teams page for you to follow should you choose.		Hu – Carl Hudson	Teams Chat
Science		2-3 Hours	 Monday (P2) 15 minute teams meeting link will be available in teams Complete outstanding Education Perfect tasks from last week Onenote page 3.8 'Acids and Bases Worksheet' Tuesday (P3) E-learning link about pH scale and indicators: https://phet.colorado.edu/en/simulation/ph-scale-basics Thursday (P1) Onenote page 3.9 'Indicators and the pH Scale' Friday (P2) Complete the Chemical reactions crossword puzzle in teams folder 		Anel Erasmus AES	Email from parent Teams chat from student

Social	Please meet	2 hours	All work will be posted on TEAMS. Students must keep	Friday 3 rd September.	Mary Ball – WL	Teams chat for
Science	at 12.30pm		a digital file with their saved work. Alternatively, they		Wl@camhigh.school	questions or
	on Monday		can use pen and paper.		<u>.nz</u>	email.
	30th for an		<u>Gallipoli</u>			
	online TEAMS		- Gallipoli map – landings		This work also	
	meetings to		- Gallipoli PowerPoint and summary paragraph		stands for Mr Cook's	
	clarify work.		- Gallipoli crossword		lesson on Tuesday.	
			- Gallipoli YouTube video and questions.			

10V

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	1 week	Students have been preparing for our Novel Study. Students' have been refreshing themselves with essay and paragraph structure. They have learnt all content knowledge. Their assessment will be on Thursday, open book. They may have up to three days to complete this. Tuesday- Students will receive feedback on their practise paragraphs and structure activity. They will apply this feedback by writing one more paragraph to have a complete practise essay. Wednesday- Students will complete a cheat sheet collating their notes for the topic they would like to do their assessment on. I will also give out all information on the test for them to start Thursday Thursday- Students will have their hour of class time to do their test. If they wish they may have until Monday to complete this.	Tasks set Tuesday and Wednesday are short and to be completed that day. Assessment will be given Thursday and they have until Monday if they wish.	Miss Dennis - HDS	Teams chat for students Or Email for parents
Maths	4 lessons	Monday P1: - Online TEAMS class @ 9:00 - Starting with Quadratics (Revise algebraic skills from term 2) Tuesday P3: • Optional - Online TEAMS class @ 11:30 • Optional class — open to ask questions if you are unsure. • To complete activities set on EP. Wednesday P3: - Online TEAMS class @ 11:30	Education Perfect – See due date for each activity on EP	MFA – Minette Ferreira	Students: Teams chat / Teams channel Parents: Email Mfa@camhigh. school.nz

		- Quadratics: Expanding two brackets			
		 Friday P4 @ 12.30: Available on Teams Chat – open to ask questions if you are unsure. To complete activities of the week. 			
PE	1 lesson plus exercise activities.	For Health and PE, there is a weekly planner on your teams page for you to follow should you choose.		Ssn – Sonia Stephen	Teams Chat
Science Week 6	2-3 hours Including a 20 min Online Meeting 10am Monday	Must do's -Attend your class meeting (20mins max) we will be setting up an experiment and I will post updates on TEAMS throughout the week. -Complete the assignment in TEAMS to demonstrate progress against the learning outcomes The learning outcomes for this week are: I can describe the properties of acids I can describe the properties of bases I can classify common household substances as acids or bases I can use the pH scale to classify substances from strong acids through to strong bases The task options to support this learning: > Watch the video Acids and Bases - easy intro video > Workbook Sections 3, 3.1 and 3.2 - Available in OneNote > Watch the video What are Acids & Bases? > Education Perfect task "Introduction to acids and bases" > Check in on the photos of the "Eggs in Trouble" experiment posted in TEAMS each day	TEAMS Assignment to be submitted by Friday afternoon.	KS - Karen Hughes	Teams chat for students Email for parents
Social Science	Week 6	continue and complete your Black Death essay this week. The final piece of work is due on Monday 6th September. Your essay planners should be completed by now so you can work on your final piece of writing. If you	The final piece of work is due on Monday 6th September.	Chris McNair CC cc@camhigh.scho ol.nz	Teams chat for students

	have already completed this essay and submitted it to me then you are free		Email for
	to work on your other classes work.		parents

10W

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	3-4 hours	Plot activity for A Knights Tale, Character profiles as extension		Jack Collin - JCN	Parents – email JCN@camhigh.sc hool.nz Students – Teams
Maths	3 lessons	 Monday P2: Online TEAMS class @ 9:40 Starting with Quadratics (Revise algebraic terms from term 2) Wednesday P4: Online TEAMS class @ 12:30 Quadratics: Expanding two brackets Thursday P5: Available on Teams Chat – open to ask questions if you are unsure. To complete activities set on EP. 	Education Perfect – See due date for each activity on EP	MFA – Minette Ferreira	Students: Teams chat / Teams channel Parents: Email Mfa@camhigh.sc hool.nz
PE	1 lesson plus exercise activities.	For Health and PE, there is a weekly planner on your teams page for you to follow should you choose.		Md – Martin Downey	Teams Chat
Science	3 hours	 Tuesday (P1): 15 minute meeting @ 8.40am. Link will be sent in teams Watch this <u>YouTube video</u> Online workbook page 24 (section 3 and 3.1 on onenote) (Introduction to Acids and Bases) accessible in OneNote or the paper workbook. 		Emma Gray EGY	Teams chat for students Email for parents egy@camhigh.sch ool.nz

		 Have a go at the e-learning links in the one-note at the bottom of the acids and bases page. 		
		 Education perfect Introduction to Acids and Bases 		
Social Science	Week 5	Check out our TEAMS page. Middle Ages. All resources and instruction found on our TEAM.	Ms Maclarn (MR) Mr Cook (PCK)	TEAMS and email
				Keep in touch!

10X

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	3hours (we have 3 classes this week.)	 Monday- watch the PPT video that prepares you for your test. Complete the practise paragraph. (15mins to watch PPT and 30mins to complete practise paragraph.) OPTIONAL- During our normal class time 11.30-12.25, come for a call/chat about any questions you have about our essay test. 	Essay due Friday 3 September at 11.59pm	ZB Mrs. Zani Button Zb@camhigh.school.nz	Parents – email Students –Teams Chat function
Maths		3. Thursday- do the essay test. (1hr) Tuesday period 4 Zoom teaching (30mins)- Angles on Parallel lines Edu Perfect (30mis). Thursday Period 3 Zoom teaching (30mins)- Angles in a Quadrilateral. Edu Perfect (30mins). Friday period 1 Zoom teaching (30mins)- Angles in a polygon and regular polygon. Edu Perfect (30mins) Week 6 Monday (30/8) Period 1		La la@camhigh.school.nz	Chat on teams or emails from parents
		 Zoom teaching (30mins) Polygon. Education Perfect (30mins). Wednesday (1/9) Period 3 Do the worksheet on teams. Thursday (2/9) Period 1 Zoom teaching (30mins) Regular Polygons. Education perfect (30mins) 			

		Friday (3/9) Period 2 - Do the worksheet on teams.			
PE	1 lesson plus exercise activities.	For Health and PE, there is a weekly planner on your teams page for you to follow should you choose.		Kps – Keeley Portegys	Teams Chat
Science	Maximum 4 hours (4 lessons)	 Monday (P4): Teams meeting at 12:30pm. Link in Teams Calendar. Catch up on assigned Education Perfect work. Wednesday (P4): Education Perfect: Acid-Metal Reactions Thursday (P2): Education Perfect: Neutralisation Reactions Online workbook (in Teams under Class Notebook) pages 30 - 31 Neutralisation Reactions. Friday (P1) Optional at home Acids and Bases experiment (see details on Teams – Class Notebook) 	Monitored daily. Due Friday 3 rd September.	JKH – Jackie Knobloch	Students: Teams chat Parents: Email (jkh@camhigh.sc hool.nz)
Social Science	Week 6	continue and complete your Black Death essay this week. The final piece of work is due on Monday 6th September. Your essay planners should be completed by now so you can work on your final piece of writing. If you have already completed this essay and submitted it to me then you are free to work on your other classes work.	The final piece of work is due on Monday 6th September.	Chris McNair CC cc@camhigh.school.nz	Teams chat or email

10Y

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English	Week 6 All work on Teams Aim for at least 50 mins/ lesson	Video call 9am - details and expectations of Literature Test #2The test will be assigned to students on Teams. Students will have two days to complete and submit their test by Friday 4pm. It is preferred that students will use their class time to complete the open-book test. Mon period #1 Let's take a step back and look at how 'tradition' is viewed by others. https://www.nationalgeographic.org/article/storytelling-and-cultural-traditions/ 1) Read the article on - 'Storytelling and Cultural Traditions' 2) Choose one example that resonates with you and your culture 3) Explore the internet for additional resources 4) Purpose - What is the significance (if any) of storytelling and cultural traditions - today? 5) A link will be assigned to you on Teams to write your PLELEC response. Wed period #3 Education Perfect Task - Feature Length Films Thurs period #1 Literature Test #2 - day ONE 2/9 Fri period #2 Literature Test #2 - day TWO 3/9	Test to be submitted on Teams (link assigned) by Friday 4pm	Whaea Katie Matua Campion	Chat with us on Teams
Maths 10MAE	First 15 to 30 minutes	We are finishing the Geometry topic Tuesday (p3) - 6. Angles of Elevation and Depression	Progress checked	Mrs Sickelmore (SK) sk@camhigh.school.nz	Either Teams or email.

	3 lessons set	Start of new topic Quadratics and Parabolas		
	on EP	Wednesday (p4) - 1. Review on Expanding Complicated Brackets		
		Thursday (p5) - 2. Expanding Double Brackets		
			Mr Lal (LA)	
10MAA		Monday Period 5 Zoom teaching (50mins)Quadratic Applications Wednesday Period 1 Zoom teaching (50mins) More applications Thursday Period 2 Zoom teaching (50mins) Exponential rules and solving equations. Friday period 3 Zoom teaching (50mins) Solving Exponential equations in context.		
		Week 6 Tuesday (31/8) Period 3 1. Zoom teaching (50mins) Solving exponential equations involving inequalities. Applications (word problems) on exponential equation Wednesday (1/9) Period 4 2. Zoom teaching (50mins) Rearranging equations (subject of formula). Thursday (2/9) Period 5 3. Simultaneous equations Elimination and substitution		
PE	1 lesson plus exercise activities.	For Health and PE week 2, there is a weekly planner on your teams page for you to follow should you choose.	Py – Tracy Perry Py@camhigh.school.n Z	Teams Chat

Science 10SCF	No more	P4 - Monday 15-minute meeting at the heginning of the	I will check your pages	gz@camhigh school nz	Students: TFAMS
Science 10SCE	No more than 3hr for this week — make sure you leave yourself a break between classes Year 10 Science TEXTBOOK here	P4 – Monday 15-minute meeting at the beginning of the lesson on TEAMS. Continue with Series and Parallel, on OneNote - start with "Series and Parallel" tutorial video and move onto reading comprehension activity below. Finish with "matching circuits" activities. P5 – Tuesday. Electricity Extra – parallel circuits, on OneNote - Your chance to design a dream home – drawing up a blue-print for an eco-friendly home with a list of lighting requirements for the house. Take a photo and paste it on your page – be creative! P2 – Thursday 15-minute meeting at the beginning of the lesson on TEAMS. Current and voltage on OneNote. All work self-explanatory – Watching tutorial and then work below.	I will check your pages during the week	gz@camhigh.school.nz Sarah Gaze	Students: TEAMS chat or posts Parents: Email
Social Science 10 Geo instructions located at the bottom of 'options'	10SSE 2-3 hours of work set per week. Please meet at 8.40am Tuesday 31st for an online TEAMS meeting	All work will be posted on TEAMS. It is expected that all students keep a saved digital file of their work. Alternatively, they can work with pen and paper. Gallipoli Gallipoli map – landings Gallipoli PowerPoint and summary paragraph Gallipoli crossword The chaos of Gallipoli timeline documentary and questions.	Friday 3 rd September	Mary Ball – WL Wl@camhigh.school.n Z	Teams chat or email

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
English – Co taught class (10ENE) with KWD (10Y)	Week 6 All work on Teams Aim for at least 50 mins/ lesson	Video call 9am - details and expectations of Literature Test #2 The test will be assigned to students on Teams. Students will have two days to complete and submit their test by Friday 4pm. It is preferred that students will use their class time to complete the open-book test. Mon period #1 Let's take a step back and look at how 'tradition' is viewed by others. https://www.nationalgeographic.org/article/storytelling-and-cultural-traditions/ 1) Read the article on - 'Storytelling and Cultural Traditions' 2) Choose one example that resonates with you and your culture 3) Explore the internet for additional resources 4) Purpose - What is the significance (if any) of storytelling and cultural traditions - today? 5) A link will be assigned to you on Teams to write your PLELEC response. Wed period #3 Education Perfect Task - Feature Length Films Thurs period #1 Literature Test #2 - day ONE 2/9 Fri period #2 Literature Test #2 - day TWO 3/9	Test to be submitted on Teams (link assigned) by Friday 4pm	Mr Campion (BC)	e-mail or via TEAM Chat Bc@camhigh.school.nz
Maths 10MAE		We are finishing the Geometry topic	Progress checked		Either Teams or email.

	First 15 to 30	Tuesday (p3) - 6. Angles of Elevation and Depression	Mrs Sickelmore
	minutes		(SK)
		Start of new topic Quadratics and Parabolas	sk@camhigh.sch
	3 lessons set	Wednesday (p4) - 1. Review on Expanding Complicated	<u>ool.nz</u>
	on EP	Brackets	
		Thursday (p5) - 2. Expanding Double Brackets	
10MAA		Monday Period 5	
		Zoom teaching (50mins) Quadratic Applications	Mr Lal (LA)
		Wednesday Period 1	
		Zoom teaching (50mins) More applications	
		Thursday Period 2	
		Zoom teaching (50mins) Exponential rules and solving	
		equations.	
		Friday period 3	
		Zoom teaching (50mins) Solving Exponential equations in context.	
		Week 6	
		Tuesday (31/8) Period 3	
		Zoom teaching (50mins)	
		Solving exponential equations involving inequalities.	
		Applications (word problems) on exponential equation	
		Wednesday (1/9) Period 4	
		• Zoom teaching (50mins)	
		Rearranging equations (subject of formula).	
		Thursday (2/9) Period 5	
		Simultaneous equations	
		Elimination and substitution	

PE	1 lesson plus exercise	For Health and PE, there is a weekly planner on your teams page for you to follow should you choose.		Kps – Keeley Portegys	Teams Chat
Science	activities. 2-3 hours over the week	Class to start week – 12.30 Mon 30th Aug Check-in meeting Thursday 2 nd Sept 9.45am (meeting invites in TEAMS Post & Calendar)		Shirley Dudli (Du)	TEAMS chat for students Parents can email
		Revision of Level 1 Genetics – Understanding variation			
		Education Perfect –			
		As needed by individuals to support revision			
		Sexual/Asexual reproduction			
		Mutations			
		Natural selection			
		Revision Worksheets & NCEA question (in assignments)			
		Scipad – End of chapter revision p 69, 70, 71			
Social Science	10SSE 2-3 hours of	All work will be posted on TEAMS. It is expected that all students keep a saved digital file of their work.	Friday 3 rd September	Mary Ball – WL Wl@camhigh.sch	Teams chat or email
10 Geo instructions	work set per week. Please	Alternatively, they can work with pen and paper. Gallipoli		<u>ool.nz</u>	
located at the	meet at	- Gallipoli map – landings			

bottom of	8.40am	-	Gallipoli PowerPoint and summary paragraph		
'options'	Tuesday 31st	-	Gallipoli crossword		
	for an online TEAMS meeting.	-	The chaos of Gallipoli timeline documentary and questions.		

10 Literacy

Duration of	Details	Due date (if relevant)	Teacher name and	Preferred contact method (Teams
work set			initials	chat or email)
3 Hours	Will meet online for a Teams Meeting on Monday 30/8 at	Assignments will be due at	Mr Campion (BC	Teams chat or email:
	11:45 am.	the end of the week		bc@camhigh.school.nz
	Focus of the week will be Reading Comprehension on a	(03/09)		
	range of different topics.			

Year 10 Options

Subject	Duration of work set	Details	Due date (if relevant)	Teacher name and initials	Preferred contact method (Teams chat or email)
ART	1 week	You should have completed 10 Covid19 Task 2 Jungle Boogie by Friday September 3 rd this week. The task and resources in your 10Art Teams Page Files/2021/Jungle Boogie. Continue onto subsequent tasks as you complete. Start logo unit work looking at what logo you would like to make. Download Mood board and Brief, and fill in.	Mood board and Brief due 6 th of Sept	Ms Oranje oj@cam high.school.nz Mrs Laurent Ir@camhigh.school.nz Mr Holton hl@camhigh.school.nz Miss Oranje oj@camhigh.school.nz	Email or Teams chat Email or Teams chat
DCE	1 Week	1. Dance Challenge: teach your family one of the cultural dances you learnt. Film it and post it on our dance team. 2. Follow the steps to create a small sequence about you in your dance space at home.	Monday 6 th September	Mrs Wells Aw aw@camhigh.school.n Z	Email or Teams chat
Drama	3 hours as per our usual 1-hour lesson 3 times in the week	Live performance exam prep. Refer to the instructions on TEAMS.	Miss Mala's class work due Fri 3 rd Sep Mr Cook's class work due Wed 1 st Sep	Miss Mala – GM Mr Cook- PCK	Teams chat
Design and Visual Communication 10DVC	3 Hours	Students carry on with their container batch assignment. It can be done on paper and then on OnShape. The focus of this week will be to create floorplans and elevations of the container homes in OnShape and floorplanner.		Mr. Rautenbach RU Mr. Bowskill NBL	Teams Teams Chat YouTube
Digital Technologies 10DTH (LLE)	3 hours	Students will carry on working in the VirtualVEX robotics online environment. A new set of activities will be set on Monday and discussed during the first meeting of the		Luke Lovegrove LLE	Teams Posts/chat

Mr Lovegrove		week. Instructions will be added to the Class Notebook area. Students are expected to attend a meeting for the first and last scheduled classes of the week.		le@camhigh.school.nz	
Digital Technologies 10DTH (DN) Mr Dillon	3 hours (for the week)	Students can choose to continue work in <i>live.withcode</i> learning Python or select to extend themselves with Python exercises from the class OneNote. All tasks should be added to learning logs in OneNote by the start of the week. Being uploaded throughout the week. All work is guided through the class Team and the associated OneNote notebook.	Daily posting of completed code to their OneNote journal	Chris Dillon (DN)	Whanau: dn@camhigh.sch ool.nz Students: Teams chat / email
Electronics Technology 10ETE (DN)	3 hours (for the week)	Students use Tinkercad.com to complete the tasks in the class OneNote. Extension exercises will be being posted throughout the week. Those that have (or will soon) completed all the set tasks can work with electronics composition exercises in SonicPi to be introduced in a Teams Meeting at the beginning of the week. All tasks should be added to learning logs in OneNote by the start of the week. Being uploaded throughout the week. All work is guided through the class Team and the associated OneNote notebook.	Daily posting of completed code or screenshots into their OneNote journal	Chris Dillon (DN)	Whanau: dn@camhigh.sch ool.nz Students: Teams chat / email
Food Technology NMN & LLE	1 Week	Look at "Cultural Cuisine". 1.Meet on video call on Monday 30 th August and review last week's assignment. 2.Watch video on "Mexican Cuisine" and answer questions attached. 3.Second assignment is on your own culture, see attached questions. 4.Play "Kahoot" fun interactive quiz. Have an outstanding week!			Ms Martin: Email nmn@camhigh.sc hool.nz Mr Lovegrove: lle@camhigh.sch ool.nz (and Ms Craig)

Future Focussed Technology 10FFT		Design and make templates for boat hull. Complete the Teams assignment by filling in the +/-/interesting table on different possible materials to use to make the boat hull.		Nick Bowskill (NBL)	Teams Posts/chat email
Materials Technology - Fabric	4 hours	ABC's (anything but clothes) This week we will be creating wearable arts from items around the house. Please refer to teams for instructions. We will meet for our first lesson of the week on teams to discuss further.	Due Tuesday 7 th September 3:30pm	Miss McMillan LMN	Teams chat
Materials Technology Engineering 10MTE (Si) & (JEM)		Student will have a small assignment set for each week (for the duration of the lockdown). Students should check their emails and their Team regularly for any work or meetings set.		Mr B Siriett (Si) Mr J Elam (JEM) Si@camhigh.school.nzj em@camhigh.school.n z	Teams or Email
Materials Technology – Wood 10 MTW (RU) (JV)	3 hours	There will be an assignment set for each week. There will be a video meeting in Teams in the 1 st period of the week to discuss progress. • This week you will continue to use Onshape. You will complete the timber design video series (#4 and 5). • You will also 3D model without following a step-by-step guide. Detailed instructions will be posted in Teams.	Due Friday 3 rd September	Mr G. Rautenbach (RU) and Mr J Davidson (JV)	Teams
Enterprise Studies	1 week	Consumer Law Topic Week 6 work is: Episode 4 - 6 by watching the It's All Good Powerpoint slides 23 - 31 and completing the Student Workbook pages 6 -8 and completing the Kahoot https://kahoot.it/challenge/02977719?challenge-id=06f15ff3-334a-4359-b97f- 39a10c5516bd 1629941703924. Have a good week.	3 rd September 2021	ro@camhigh.school.nz jfe@camhigh.school.n Z dme@camhigh.school. nz Knp@camhigh.school. nz	Teams chat

				Kma@camhigh.school.	
				nz	
MAORI		Students will be creating and translating complex sentences using the 'Kupu tuuhono' below:		СВ	Teams and email cb@camhigh.sch
		 Ahakoa Naa te mea Engari Heoi anoo Noo reira Kaatahi ka Translation activities Preparation for year 10 conversation activity (maa wai/naa wai sentences) All lessons will be recorded and class notes pasted onto TEAMS for students to access.			ool.nz
JAPANESE	ARN - 3 hours over the week	Year 10 Class: On days where students have their timetabled Japanese class there will be a recorded video with instructions up on teams for them to watch. There will be a general post that alerts everyone to the video as well as having any links needed in the space below. Every video is dated – students will need to find it (should be relatively easy). Students are required to "check in" on days they have Japanese e.g. by joining a meeting OR by posting a photo of their work OR commenting on the "General"	Due 27 th August	Annuska Robinson ARN arn@camhigh.school. nz	Teams @Annuska, teams chat or e-mail. E- mail not checked as often as teams.

	Instructions" post. Form Time - Thursday - 19th August ended: 2m 27s Form Time - Thursday - 19th August Recording has stated Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recorded by: Annuska Robinson Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recorded by: Annuska Robinson Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive Form Time - Thursday - 19th August Recording has stopped. Saving recording to OneDrive	
FRE	Madame Feast's French class All work for students is on the Team Page. They should go to Class Notebook, Lockdown lessons, and they will see the work and the links all there. They will receive invitations to class meetings through outlook. Monsieur Bryant's French Classes Students need to be at our online class on Monday where some new content will be covered as well as expectations for the rest of the week. This week's topics: New: Adjectives Revision: Chores Platforms being used: Education Perfect, Quizlet	Fe@camhigh.school.n Z Teams for students and emails for parents Teams for students and emails for parents Teams for students and emails for parents
	Quizlet will have specific vocab for the upcoming Listening Test Task: In preparation for the upcoming Speaking presentation, do a mini version by doing a video describing a room of your house. More explanations given online.	

		Note: Tasks on EP and Quizlet do not need to be completed 100% - I just need to see that you have done some of it. This will be monitored.			
ESOL Y9 & Y10				Mrs Simmons Rm	One weekly Teams Meeting; Teams chat message
Sport Science		Revision Week - Your Sports Science Teacher will arrange a classroom Teams meeting to run through these tasks with you.		JN - Mr Newlands AY - Miss May Meeting Tues 12.30 MMN - Mr McCahon MD - Mr Downey HU - Mr Hudson RBT- Mr Boot	Teams Teams chat
10 Geography (ld) Extension		Seaspiracy Task – Completing the 3 perspectives of task 2 if have not done already. Move onto task 3. Exam practice on TEAMS. TEAMS meeting Period 1 Tuesday. Check emails and TEAMS for more information.		Mr Ludlam Ld@camhigh.school.n z	Teams or email
Yr9 Music		Song Analysis Create a Playlist "Make Some Noise" composition	20 August 3:30pm	Matua Peters dt@camhigh.school.nz Whaea Vy vc@camhigh.school.nz	Teams Email Zui
Yr10 Music		Practise for Solo Performance 2 Trumpets Analysis Music Math Igor Stravinsky Project	When we get back to class Fri 27 Aug Tue. 31 Aug Fri. 03 Sept	Whaea Vy vc@camhigh.school.nz	Teams Email Zui Youtube
Media Studies KAT & JCN	1 week	All information can be found in our class Team.	We will check in and give feedback regularly.	KAT and JCN (Kayla Abbott and Jack Colin)	Teams chat

		Students will need to meet for an online meeting with KAT and JCN on Tuesday P2. This is where we will give instructions for the week. We have started our film review unity, so there will be activities that flow from that.			Emails are: kat@camhigh.sch ool.nz jcn@camhigh.sch ool.nz
Media Studies TU	1 week	Video Call Monday (P.5) We will go over the weeks work - There will be worksheets to complete each lesson (Monday, Wednesday and Friday) on Teams.	Worksheets due deach lesson	TU Vanessa Tupp	Parents: email tu@camhigh.scho ol.nz Students: Teams chat.
Media Studies JMN	1 week	All information can be found in our class Team. Monday (P3) Teams Meeting Complete and hand in your "Film Viewing Log" Tuesday (P4) Intro to Film Reviews uploaded as a Teams assignment Wednesday (P5) Intro to Film Reviews uploaded as a Teams assignment	Log due on Monday I will check in and give feedback regularly.	Jordan Maclaurin JMN	Parents: Email Jmn@camhigh.sc hool.nz Students: Teams Chat