

Teena koutou,
Dear Parents / Caregivers,

I trust that everyone survived the first full week back at school last week, students were grumbling a bit around here at the challenge of getting up to an alarm 5 days in a row. The start of year is always very busy in a school, but it is great to be underway. The relaxed holiday mode vibe is giving way to the busyness of our academics, sports and arts programmes. There is a lot happening on campus and it is great to see the energy our staff and students are bringing to make so many opportunities open to the students at CHS. Today, I want to share with you some of the major upcoming events so that you can put them into the family calendar.

Taima Koorero – Time to talk

This is a parent-focused meeting on 12th March at 6pm. It is aimed at supporting parents with managing your kid's online behaviour at home, sharing especially useful tools for helping manage exposure to porn. Please have a look at [this flyer](#) for more information. I encourage you to attend if you can make it and please feel free to bring along anyone extra to join us for the evening. This is an important message and we are keen to raise awareness and offer support to our wider community.

NCEA overview evening (targeting Y10 and 11)

This evening on March 7 has particular relevance to parents and students currently in Year 11 but will be useful to students in Year 10 who are either extended or wanting to know what will be involved as they join NCEA next year. Those students in Year 10 who attended the NCEA evening on 20th February should not attend as the content will be very similar.

Athletics and House Day

On Wednesday 28 February we have our Athletics Day. We are going for a different format for this day as we aim to increase participation and engagement throughout the day. We will run the most popular events for participation and spectators and intersperse these with fun House events. The other athletic events have been run as competitive events throughout the weeks leading up to the day. We are looking forward to the day creates a relaxed atmosphere at the start of the year to support the building of relationships across the school and within the House. Swimming sports was an incredibly successful day with a great vibe and connections across the school. We are looking forward to building on that on Wednesday and encourage all students to get dressed in their house colours for the day.

While I have your attention for all things sports, can I encourage you to talk with your child about what they are signing up for this year. Visit our [website](#) to see what sports and arts are on offer. We all know the benefits that come from being involved including social, personal and stress management benefits. We have a lot of interest for both social and competitive teams or groups so sign up and get involved. It is a great way to make the most of the many opportunities available to you at CHS. I also want to thank the community and our staff for their incredible support of our groups, we can achieve what we do for our students because of the many volunteer hours you put into our people.

SchoolTV

As a school we have signed up for an incredible resource – [SchoolTV](#). We will promote this throughout the year, using targeted resources with our students and sharing these links with home. There are great video resources across a range of topics and I encourage you to have a look at the website.

Remember that we store all of our communications on this [webpage](#). It's faster than searching through your emails and is where we have our major communications, calendars and upcoming events.

Kind regards
Ngaa mihi nui

Greg Thornton
Principal
Cambridge High School